

JUNE
3

NO ENERGY

INSOMNIA

LOW LIBIDO...

**SIGNS OF HORMONE
IMBALANCE CAN BEGIN
LONG BEFORE THE HOT
FLASHES.**



**LEARN HOW TO LIVE LIFE
TO THE FULLEST**

**St. Catharines Museum at Lock 3
6:30pm-9pm**

PRESENTATIONS BY:

Dr. MARIANNA SWITCHUK- Specializing in Women's Health and
Bio-Identical Hormone Therapy

IRENE HOGAN - National Certified Menopause Practitioner,
Nutrition, Natural Medicine and Anti-Aging Specialist

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