



Hockey Day in Canada
January 20th, 2018
4-on-4 Road Hockey Rules

1. This is a fun event that offers a recreational level of play. The goal of the organizers is to provide an enjoyable and safe environment for players and spectators – rain, shine or snow!!
2. Teams are guaranteed a minimum of 2, 15 minute games. Due to limited time and space only 15 teams will be accepted. Acceptance is first come first serve.
3. A face off at centre starts the game. There are no stoppages in play except for an injury.
4. Teams will consist of a minimum of 4 players (including goalie) and a maximum of 7 players. All substitutions are made on the fly.
5. Standard Hockey nets will be used.
6. When a goal is scored, opposite team gets the ball.
7. The tournament clock manages all games. There is a grace period of 5 minutes, if a team is late beyond 5 minutes, they forfeit the game. Games will not be rescheduled.
8. The playing surface will have one game official who has full authority on governing the game and monitoring play. **All calls made by the game officials are final and all issues and disputes will be handled by them.**
9. If the ball goes out of bounds, possession of the ball is given to the non-offending team at the point of exit.
10. There will be no tie games. In the event of a tie there will be a best of 3 shoot-outs (must be 3 different shooters). If still tied after the first 3 shooters, then it is one for one (can be the same shooter each time).
11. Minor infractions/penalties include the following: shoving, pushing, tripping, slashing, unsportsmanlike conduct etc. Minor infractions during the game will result in a penalty shot.



12. Major infractions/penalties will be called for: verbal abuse, intentional slashing, fighting, intentional body checking. Major infractions during the game will result in ejection from the game.

Mandatory Equipment:

*Participants must wear a helmet (CSA Approved) *

Face mask strongly recommended

Goalie equipment will **not** be provided, but is expected including face mask for any player in net.

Optional equipment:

Shin pads

Elbow pads

Mouth guards