

Long Term Care Transitional Self-Health

A Long Term Care Transitional Support Series

This 6 session weekly support group is designed specifically for care partners with a family member living in long-term care. Facilitated by our counselling staff, this series will help anyone having a challenging time during the period of social distancing and feeling disconnected from their family member and the long-term care facility.

May 13 - June 17, 2021 4:00 - 5:30pm.

Topics to be discussed:

- When and how to visit your loved one in Care
- Meaningful visits and communication
- Working with Long Term Care staff
- Loss and grief

NOW ONLINE ON ZOOM Connection details will be e-mailed after registration.

To register, click here.

