



Next Steps & Care Essentials

Next Steps and Care Essentials offers an opportunity for families and friends of individuals with a diagnosis of dementia to learn more about dementia, develop caregiving strategies, and become familiar with community resources and supports.

- ***Part #1: Overview of Dementia, Diagnosis & Healthy Brain Strategies***
- ***Part #2: Communication & Environmental Strategies***
- ***Part #3: Understanding & Managing Challenging Behaviours***
- ***Part #4: Difficult Discussions, Role Changes & Self Care***

February 23, 24, March 2 & 4, 2021
6:30pm - 8:30pm

NOW ONLINE ON ZOOM

Connection details will be e-mailed after registration.

[To register, please click here.](#)

